# ANGELIQUE SWALLOW – HEALTH & SAFETY POLICY

Due to the current Covid-19 pandemic, please do not attend or book a lesson if your answer is YES to any of the questions below. There will be no cancellation fee due in any event.

Have you had the recent onset of a new continuous cough?	YES/NO
Do you have a high temperature?	YES/NO
Have you noticed a loss of, or change in, normal sense of taste or smell?	YES/NO

### PUBLIC TRANSPORT

Please ensure that you adhere to all the current H&S Guidelines whilst travelling on public transport to attend a lesson.

The Clinic & Church Hall provide private car parking spaces.

## ENTERING THE CLINIC OR CHURCH HALL

You will never require spending any time in the communal areas of either the Clinic or Barnet Church Hall, as there will be at least one hour between each lesson.

As you will be required to use a staircase at the Clinic and a few steps down at the Hall to reach my teaching area, I would recommend that you do not touch the handrails for support unless absolutely necessary.

Please note that you require to adhere to the current HSE Guidelines with regards to observing the distance between you and other people attending the Clinic or entering the Church Hall. The current guidelines stipulate 1 to 2 metres.

### WHAT TO EXPECT

You are expected to wear a face mask covering both your mouth & nose as soon as you enter the Buildings, including during the entire duration of the lesson, unless you are unable to do so because of health reasons. I will be able to provide you with a Type II face mask, should you forget to bring one.

You may wish to use the Hand sanitiser in the Reception, but you will also be asked to sanitise your hands when entering my Teaching Room and before the lesson starts.

Should you require to use the communal toilet, please ensure the lid is down before flushing and you wash and sanitise your hands afterwards.

## IMPLEMENTATIONS MADE TO KEEP YOU SAFE

The room will be aired, and all surfaces cleaned and sanitised as outlined in the current HSE Guidelines for Covid-19.

I will always be wearing PPE as outlined by the HSE Close Contact Guideline.

If you have any concerns with regards to the above, please call or email me prior to booking a lesson.